



Lifesteps
Helping Individuals and Families with Life's Changing Needs

Transition...

The Next Step

When a student with an intellectual/developmental disability, including autism, graduates from high school, they may not have all the skills they need to live their most productive and meaningful life.

Often, these young adults and their caregivers are left asking...

“What’s the next step?”

The Transition Program is designed for high school students and young adults with intellectual/developmental disabilities, including autism, to prepare them to live as independently as possible. The program incorporates three primary areas – Higher Level Academic Education or On-going Education/Training; Independent Living Skills; and Vocational and Supported Employment Training. Students can be exposed to all facets of the program based on individual goals determined by their strengths, needs, and future ambitions.

Staffed with knowledgeable professionals that understand the importance of personalized services, Lifesteps Transition Program works with each student and their caregivers to help the participant reach their unique personal potential. Staff encourage and promote self-advocacy, as well as working with each participant to develop pre-vocational skills.

Program staff recognize that students with intellectual/developmental disabilities, including autism, often need instruction delivered in multiple means with plenty of repetition and practice. Staff utilizes techniques and tools such as:

- Technology
- Simulation
- Hands-on Practice
- Visual Aids
- Individual, Group & Community-Based Instruction

Lifesteps Transition Program Facility is conveniently located in the Zelienople area, just minutes from the the Evans City exit on I-79 and Route 19 in Jackson Township.

Lifesteps Transition...
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339 Unit B Lindsay Rd.
Zelienople, PA 16063
724-452-5100
www.lifesteps.net



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Higher Level Academic Education or On-going Education/Training

Many opportunities exist for higher learning and/or on-going education and training. At Transition, staff work with each participant to determine possible next steps and guide them through the process for higher learning experiences or on-going education/training. These can include credit programs or non-credit programs through local community colleges or community recreation programs.

Life-long learning is a philosophical foundation for the program to encourage students to pursue on-going education and training in their personal areas of interest.

Independent Living Skills

Independent Living Skills instruction incorporates a broad scope of skills necessary for adult life ranging from preparing nutritious meals to managing personal finances. Skills are taught at naturally occurring times and in natural environments whenever possible.

Curriculum includes topics such as:

- Managing healthcare needs
- Housekeeping and household budgeting
- Leisure activities
- Improving functional math and reading skills.

Technology and on-line safety are taught to further build independence – such as electronic management of appointments or safe social media practices.

Vocational and Supported Employment Training

Vocational and Supported Employment Training incorporates two essential components. First, each participant's skills and interests are considered to determine future possibilities for volunteer or employment opportunities. Through developed relationships with community businesses and employers, participants receive vocational skills training that match their abilities to fill potential community employment needs.

Curriculum includes career portfolio development, job interviewing skills, and preparation of soft skills needed for employment, such as, communicating with supervisors and co-workers, hygiene and attire for work, work behavior or etiquette, and simulated work experience.



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383 New Castle Road • Butler, PA 16001

724-283-1010 • 1-800-225-2010 • www.lifesteps.net

So... What's the Next Step?

For more information or to schedule a tour,
call Lifesteps at 724-283-1010 or 1-800-225-2010